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Bangalore Mirror

TEMP Max 26 | Min 20 | Humidity 91% Generally cloudy sky with Light rain Sensex 80,039 | Nifty 24,406 | Gold 69,820 | Silver 84,500 | Dollar 83.69 | Euro 90.84 | GBP 107.84

159 lakes still partially or fully encroached in Bengaluru; BBMP claims surveys done for 124 lakes and boundaries have been demarcated

LAKE CAPTURED

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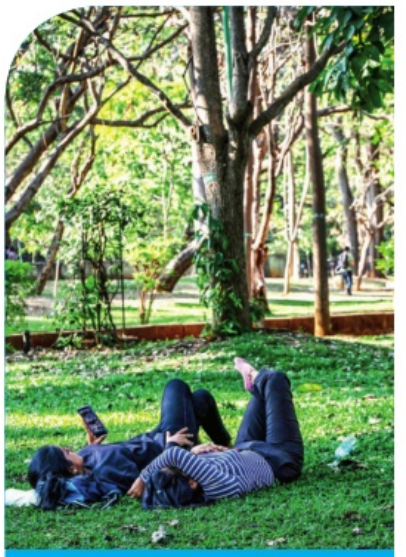
Despite tall claims, 159 lakes are still either partially or fully encroached in Bengaluru city. Bruhat Bengaluru Mahanagara Palike (BBMP) jurisdiction encompasses 202 lakes, with 183 of them being maintained actively. Encroachments have been detected in 159 lakes, and the Tahsildars have been notified via letters to take necessary action according to the plan presented to the High Court. BBMP Chief Commissioner Tushar Giri Nath said that surveys have been completed for 124 lakes, demarcated boundaries, and provided maps for 82 lakes. The High Court's directives will guide the process of clearing encroachments, and officials who do not adhere to the orders will face disciplinary action."

During a meeting at the BBMP Central Office, Nath instructed officials to work in

CONTINUED ON PAGE 6 »

ENCROACHMENT PREDICAMENT

> When we allow encroachments and pollution to destroy these lakes, we are not just losing water bodies, but a part of our heritage and identity. The lakes of Bengaluru are under siege
>
> — Priya Rao, activist



Park updates

Naturalists, educators, and learners of all ages gather at community-led participatory programme on nature education

CITY PAGE 5

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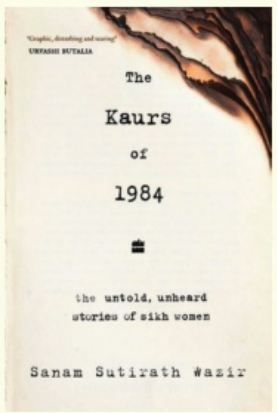
3 THINGS TO DO

01 Jazz session

With International Blues Day around the corner, join in for the 20th edition of the popular and highly anticipated 'Cafe Jazz Sessions.' Started in 2022 by one of the pioneers of jazz in the city, Jagadeesh MR, this is a monthly event designed to build a community of jazz musicians in the city and foster a culture of creativity. It is a platform to connect with each other and audiences through jam sessions, lecture demonstrations, and performances. **Where: Goethe-Institut/Max Mueller Bhavan, Indiranagar; When: July 26, 5 pm**

02 Untold, unheard stories



Discover the unfiltered and devastating reality faced by hundreds of Sikh women as Sanam Sutirath Wazir will discuss his enlightening book "The Kaurs of 1984: The Untold, Unheard Stories of Sikh Women" and the journey behind it. Based on interviews and extensive historical research, in this book, Wazir weaves together scattered stories of grief, betrayal, and loss that finally bring Sikh women out of the shadows of contemporary Indian history. **Where: Atta Galatta, Indiranagar; When: July 27, 5:30 pm**

03 Captivating read

Join Aishwarya Jha and Deepti Talwar as they discuss "The Scent of Fallen Stars," Aishwarya's latest book about a scholarly loner and a musical prodigy who came to India for answers over twenty years apart. Aishwarya is a writer, designer, and entrepreneur from New Delhi. Her poetry, short fiction, and essays have been published in numerous literary journals. Deepti is the executive editor at Penguin Random House India. **Where: Champaca Bookstore, Queens Road; When: July 28, 6 pm**

Disparities in work and pay: All is not well with health workers

Karnataka health workers yet to be regularised, set to launch state-wide agitation over unmet demads

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NHM contractual employees protesting for regularisation at Freedom Park in February 2024

The members of the Karnataka State Health and Family Welfare NHM Insourced Employees' Union (KSHINEU) have decided to launch a state-wide agitation if the government fails to meet their long-pending demand for regularising their services before August 15.

Talking to the Bangalore Mirror, Ashwath HK, president of KSHINEU, said that National Health Mission (NHM) employees have been demanding that the state government regularise their services, but their efforts are in vain. "Some of the NHM employees are on the verge of retirement this year. They will have to go home and retire without any benefits if the state government fails to regularise their services. The Karnataka Pradesh Congress Committee, in its election manifesto, has assured to regularise the services of NHM employees but has done nothing till date," said Ashwath.

Shauraj Sanganna, general secretary of KSHINEU, said that around 28,000 people are working under the NHM at various government hospitals and primary health centres across the state. "Congress leaders DK Shivakumar and Dinesh Gundu Rao, who were in the opposition, visited agitating NHM employees at Freedom Park and extended their moral support. We met both of these leaders after the Congress government came to power. They have assured us to do the needful, stating that our services are crucial and important. However, the decision to regularise our services is being delayed," said Shauraj Sanganna. The members of KSHINEU want the state government to regularise their services as early as possible. "If the state government fails to regularise our services before the deadline of August 15, we will chalk out the plan to organise protests in front of taluk offices and Deputy Commissioner Offices across the state," he said.

> **"Some of NHM employees will have to retire without any benefits if state government fails to regularise their services**
> – KSHINEU president Ashwath HK

Sanganna further stated that most nurses, laboratory technicians, and doctors are finding it difficult to look after their families with the meagre salary they receive from the state government. "A laboratory technician recruited under the NHM is being paid only Rs 20,000, while the technician in regular roles who does the same work is being paid around Rs 1 lakh. It is the same with the nurses recruited under the NHM. While a nurse recruited under the NHM gets around Rs 16,000, the nurse whose service is regularised gets around Rs 1 lakh or so. Likewise, a doctor recruited under the NHM gets only Rs 45,000, while the doctor appointed by the state government is eligible to draw Rs 1 lakh to Rs 1.50 lakh," Sanganna added.

NIMHANS earns NABH accreditation for quality care, patient safety

The National Institute of Mental Health and Neurosciences (NIMHANS) has once again earned the prestigious NABH (National Accreditation Board for Hospitals and Healthcare Providers) accreditation, adhering to the fifth edition standards. This re-assessment was done during the month of March 2024. It underscores NIMHANS' unwavering commitment to maintaining high-quality healthcare and patient safety. NIMHANS, the first Institute of National Importance (INI) hospital to receive NABH accreditation, continues to uphold the gold standard in the healthcare sector. The NABH accreditation ensures that hospitals comply with rigorous standards, promoting quality and safety in patient care.

The comprehensive assessment involved an in-depth evaluation of various aspects of NIMHANS' operations. Evaluators examined the hospital's infrastructure, clinical protocols, and administrative processes.

This detailed evaluation process confirmed that the institute meets the stringent requirements set by NABH, reaffirming its dedication to excellence. Dr Pratima Murthy, Director, NIMHANS, said, "This achievement is a reflection of the leadership and commitment towards creating a safe and supportive environment where there is always a sincere attempt to ensure that patients receive quality care with compassion and dignity."

One notable aspect of NIMHANS' approach is the emphasis on continuous improvement. The institution has implemented several innovations, including the daily capture of quality indicators to prevent adverse events. This proactive strategy enhances patient care and minimises risks, ensuring a safer environment for all. The NABH accreditation reflects the dedication and hard work of the entire NIMHANS community. The institute's achievement is also a testament to the collective effort of its staff. Each team member plays a crucial role in upholding the institution's standards, contributing to a culture of excellence and quality improvement.

— BMB

What is NABH accreditation?
The National Accreditation Board for Hospitals and Healthcare Providers (NABH) is a constituent board of quality control in India, set up to establish and operate accreditation programmes for healthcare organisations. The hospital accreditation programme was started in 2005 with the intent of improving healthcare quality and patient safety in public and private hospitals. The accreditation standards for hospitals focus on patient safety and the quality of the delivery of services in hospitals in a changing healthcare environment.

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Flyover tales: Peenya opens, Hebbal delayed

Key route opening eases congestion, but expansion issues worsen northern city traffic

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The traffic congestion at the northwest entrance of the city is expected to improve starting Monday, as the Peenya flyover will be opened to heavy vehicles. However, the ongoing delay in the expansion of the Hebbal flyover is exacerbating traffic issues in the northern parts of the city. Consequently, police have issued an advisory for airport users to leave their homes early.

Joint Commissioner of Police (Traffic) MN Anucheth on Thursday announced, "From Monday, all kinds of vehicles are allowed to ply on the Peenya elevated flyover. As special repair work is in progress on the flyover, in this regard, every Friday from 6 am to Saturday at 6 am, heavy motor vehicle movement is restricted on the flyover. Heavy motor vehicles are to move on the left lane and the speed limit of 40 km/hour is restricted on the flyover." This makes the Peenya flyover unique in the country, as it will be open to heavy traffic six days a week.

On February 16, 2022, a notification prohibited heavy vehicles from using both sides of the road from the Kennametal factory to the SRS Down Ramp, allowing only light vehicles and restricting all vehicles from 12 AM to 5 AM. In response to public requests and National Highways Authority of India (NHAI) officials, the new decision allows heavy vehicles to use the flyover on days other than Fridays, following the completion of maintenance work on the Peenya-Nelamangala flyover.

The traffic police have reported that the current situation on the road is worsening. The influx of thousands of vehicles from various districts, such as Hassan, Tumakuru, Davanagere, and Mangaluru, during peak hours has further contributed to the chaos. The absence of an alternative route has exacerbated the problem, as all vehicles are forced to use the same road.

NHAI tested Peenya flyover by driving eight 32-tonne trucks for 48 hours to check cable strength

> **From Monday, all vehicles are allowed to ply on the Peenya elevated flyover. Heavy motor vehicles are to move on the left lane with speed limit**
>
> –MN Anucheth JC of Police (traffic)

The NHAI conducted a load test on the Peenya flyover. "The NHAI initiated a load test recently to evaluate the strength of the prestressed cables on the Peenya flyover. As part of the test, eight trucks, each carrying 32 tonnes were driven on the flyover continuously for over 48 hours." Over the past year, around 240 prestressed cables were replaced across 120 pillars. The Peenya flyover, one of the city's longest, features 120 piers and a total of 1,200 cables, with 10 cables running between each pair of pillars.

Hebbal flyover delays worsen traffic

The Bangalore Development Authority's Hebbal flyover expansion project has been causing inconvenience to the public, even after a year since its commencement. Road excavation has caused significant issues for commuters, including relocating bus stops. Passengers heading to the Majestic and Market areas now must disembark near Baptist Hospital and walk, causing considerable inconvenience.

Road excavation has caused frequent cable cuts, disrupting power supply in several Hebbal areas. Complaints have been met with responses indicating the issues are due to flyover work and require repair. This problem has persisted for the past three to four months, exacerbated by deteriorating road conditions. The road from Hebbal flyover to Nagenahalli road, which used to flood during rains and develop large potholes, remains unrepaired.

The Hebbal Junction witnesses the movement of an average of 2.67 lakh vehicles passing through per day. The expansion project has been taken up at a cost of 350 crore. The project involves the construction of a three-lane flyover from the international airport road to Bengaluru and a three-lane underpass on the Yeshwanthpur-KR Puram route. Officials have stated that there is no delay in the work and it is progressing rapidly.

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Neglected footpath

Malleswaram

The footpath on Railway Parallel Road between Brigade School and Brigade Gateway Apartments in Malleswaram has been neglected for over a year, causing issues for pedestrians and school children.

Untidy corner

Jayanagar

The area around 9th Main, 5th Block, Jayanagar, opposite Benki Tools and Milano Ice Cream, is unkempt and filled with garbage.

Green light for green space; BBMP delivers awaited park

Swathantra Nagar locals rejoice as horticulture dept finally steps in to safeguard vacant land that was at risk of encroachment by land mafia

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Residents of Swathantra Nagar in the KR Puram Assembly constituency are celebrating the long-awaited development of their park by the Bruhat Bengaluru Mahanagara Palike (BBMP). They express their gratitude to the BBMP, particularly the horticulture department, for stepping in to safeguard the land at risk of encroachment by the land mafia.

Residents urged BBMP authorities and elected representatives to turn the vacant land next to Basavanapura Lake into a park, citing a lack of such facilities in the area. Finally, the BBMP organised a function on August 12, 2020, to lay the foundation stone for the park. This event took place one month before the BBMP Council's term ended on September 10, 2020. The foundation stone was laid by then Urban Development Minister BA Basavaraj, with Basavanapura ward corporator BN Jayaprakash presiding over the event. The park was planned for development on four acres of land with an estimated budget of Rs 2.60 crore, and the project was expected to be completed in three months but it took approximately four years to finish 50% of the developmental work.

The Development of the park at Swathantranagar is underway

Bangalore Mirror published a story titled "Down the garden path" on July 2, 2023, which detailed residents' disappointment over the continued delays in developing the proposed park.

The lake activists plan to plant and maintain saplings. "I am very happy to see the vacant land being developed into a park. We are taking care of saplings planted on Basavanapura Lake bund. We will approach the BBMP Horticulture Department seeking permission to plant saplings," said Balaji Raghotham, a lake activist.

Bangalore Mirror

Foundation stone was laid in 2020 for a park near Basavanapura Lake. So far, no work has begun and residents of area worry the land sharks are coming

DOWN THE GARDEN PATH

BBMP must keep its word on creating green space for kids to play, citizens to unwind

BM reported on July 2, 2023, about residents' frustration over delays in park development

K Ramakrishna of Swathantra Nagar praised the BBMP for developing the park, noting that the lake had been vacant for many years. "I am happy to see the vacant land being developed into a park. It will benefit the residents, especially children and senior citizens. A few private people had claimed ownership of the land but the authorities have protected the land," he said.

Balakrishna from Basavanapura has said the BBMP authorities have saved the land worth crores of rupees from the land mafia. "The park will be a destination for the residents. Those who cannot visit Basavanapura Lake for a walk can visit the park. I am happy to see that the long-pending demand of the residents is being met by the authorities concerned," he said.

PARK UPDATES

Cubbon Park Metro hosts Living Libraries' Open Studio

Innovative nature education programme features art exhibits, workshops, and a documentary screening

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The city is set to witness a unique initiative with the launch of the Living Libraries' Open Studio at Cubbon Park Metro Station on Saturday, July 27. This innovative programme, in collaboration with the Bengaluru Metro Rail Corporation (BMRCL), aims to bring together naturalists, educators, creatives, and learners of all ages for a community-led participatory programme centred on nature education.

Living Libraries, a project by the Srishti Manipal Institute of Art, Design and Technology's Art in Transit Lab, has been fostering pedagogical programmes since 2014. The initiative seeks to deepen understanding of ecology and shared planetary stewardship through various events, workshops, and exhibitions. The Cubbon Park Metro Station will transform into a vibrant space featuring a mini art exhibit with paintings, film screenings, workshops, and participatory installations created by a community of learners, artists, and educators.

One of the highlights of the Open Studio will be a workshop on creating illustrations for a poster exhibition focused on sustainability. Attendees can also learn the art of origami to craft butterflies and join the Cubbon Crochet Circle to learn crochet techniques. These activities offer a chance to enjoy leisurely walks, connect with others, and engage in hands-on learning experiences in the serene environment of Cubbon Park.

> **The initiative will co-create a repository of tools designed to engage audiences with the park's ecology, sparking curiosity and wonder among diverse groups**
>
> –Niret Alva, a faculty member at the Srishti Manipal

Participants will also have the opportunity to engage with the Cubbon Park Journal, a specially designed tool for sketching and journaling the park's beauty, encouraging a deeper connection with nature. Additionally, a documentary film by award-winning filmmaker Niret Alva on the illegal ivory trade will be screened, offering a poignant look at the delicate balance between creation and destruction.

The Living Libraries initiative aims to create a mosaic of moments that invite visitors to pause, reflect, and view the world with fresh eyes.

Niret Alva, a faculty member at the Srishti Manipal Institute of Art, Design and Technology, said, "Art in Transit's vision for 2024 is to see Bangalore as a learning city, creating more opportunities for creative learning and making at metro stations in collaboration with various public transportation agencies. The initiative will co-create a repository of tools designed to engage audiences with the park's ecology, sparking curiosity and wonder among diverse groups, including children, senior citizens, IT professionals, and students. Furthermore, Living Libraries aims to rebuild the unique place-based identities of Bangalore neighbourhoods, celebrating local biodiversity and culture."

Tighter security and plastic ban at Cubbon Park and Lalbagh

New measures include signboards & increased patrols to ensure park safety

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TWEETS @sridharvMIRROR

The Horticulture Department officials have announced measures to enhance security in Cubbon Park and Lalbagh. An official stated, "Signboards have been installed, warning that legal action will be taken against those engaging in immoral activities, such as alcohol consumption, indecent behaviour with women and children, and other rule violations within the park premises. Security personnel is deployed daily to control all types of indecent behaviour. Announcements are made through loudspeakers, requesting the public to maintain decent behaviour in the park. Park authorities, under the supervision of officials, conduct regular inspections and take all necessary precautions to prevent any kind of indecent behaviour."

Officials further noted that police personnel patrol Lalbagh and Cubbon Park to maintain law and order. To prevent the use of plastic in these parks, strict measures have been implemented. "Signboards have been installed prohibiting the use of plastic, informing the public that legal action will be taken against violators. Women's home guard security personnel are deployed at all park entrances to inspect and prevent the public from entering with plastic. Necessary actions, including fines and legal action, are taken against those using plastic within the park premises. Efforts are ongoing to make Lalbagh and Cubbon Park entirely plastic-free and environmentally friendly. Overall, we have taken comprehensive measures to control indecent behaviour and prevent plastic use in the parks by installing signboards, deploying security personnel, inspecting visitors, making announcements, conducting regular inspections, and taking legal action against violators."

Meanwhile, Nandini Kumar, a regular walker in Cubbon Park, said, "Cubbon Park and Lalbagh are not just patches of greenery amidst the urban sprawl but are the lungs of our city, providing essential ecological balance. Despite the efforts being made to enhance security and cleanliness, there is still much to be done. We need to implement more robust measures to protect these parks from encroachment, pollution, and vandalism. Strict enforcement of anti-littering laws, along with regular monitoring and penalties for violations, will help deter those who misuse these spaces. Additionally, increasing the number of security personnel and deploying them strategically around the parks can further prevent indecent activities and ensure the safety of all visitors."

"We must work towards making these parks more accessible and inclusive for everyone, including the elderly and differently-abled individuals. Installing more benches, ramps, and clear pathways will ensure that everyone can enjoy these green havens," added Sukruta D, a regular visitor to Lalbagh.

Transgender candidates demand equal training

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TWEETS @BangaloreMIRROR

On Thursday, members of the Movement for Gender and Sexual Pluralism demanded that the state government provide coaching for transgender candidates preparing for competitive examinations for police constable positions. They highlighted that while nine transgender candidates had passed the written examination, they failed the physical tests, such as the long jump and running.

Speaking to the media, activist Manohar Elavarthi said, "The failure of all transgender candidates in the physical tests (running and long jump) indicates that the state government has failed in empowering sexual minorities through its policy of reserving one percent of government jobs for sexual minorities. I want the government to relax the age limit for candidates from sexual minorities while selecting candidates for police constable posts. The government has to conduct a drive to empower sexual minorities across the state."

Vaishali, president of the Movement for Gender and Sexual Pluralism, demanded that Women and Child Development Minister Lakshmi Hebbalkar provide training facilities for transgender candidates appearing for examinations. She said, "I want the government to provide coaching facilities for transgender candidates and also conduct re-examinations for candidates from sexual minorities who failed the physical test."

Meanwhile, Mallika K, a transgender person from Kolar who failed the physical test, said that police officers asked her to compete in running and long jump alongside male candidates. "I cannot compete with male candidates," Mallika said.

Shivani Madiwalappa from Belagavi also failed the physical test. She said, "I want the government to conduct re-examinations for those of us who failed the physical test."

Senior advocate BT Venkatesh demanded that the government issue new guidelines for the selection of transgender candidates for police constable posts under the one percent reservation. He said, "The physical fitness of transgender candidates would not be on par with male candidates appearing for the posts of police constables. The failure of all nine candidates highlights the failure of the police department to understand the problems of sexual minorities. The police department has to organise an interaction with sexual minorities and come out with new guidelines for the recruitment of sexual minorities for the posts of police constables."

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ISRO, NASA and Axiom Space working collaboratively on this space travel mission

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TWEETS @sridharvMirror

Indian Space Research Organisation (ISRO) is actively pursuing a joint mission with National Aeronautics and Space Administration (NASA) to the International Space Station (ISS), which will include an Indian astronaut, referred to as a Gaganyaatri, undertaking space travel to the ISS. This collaborative effort involves ISRO, NASA, and a NASA-identified private entity, Axiom Space. Recently, ISRO signed a Space Flight Agreement with Axiom Space for this mission. According to Dr Jitendra Singh, Union Minister of State for Personnel, Public Grievances, and Pensions in the Prime Minister's Office, significant progress has been made in the Gaganyaan programme.

Singh said in Lok Sabha recently that the progress status of the Gaganyaan programme includes several key achievements. For the Human Rated Launch Vehicle, ground testing of propulsion system stages, including solid, liquid, and cryogenic engines, has been completed. The Crew Module Escape System has seen the design and realization of five types of Crew Escape system solid motors, with static testing of all five types completed. The first Test Vehicle mission (TV-D1) for validating the performance of the crew escape system and parachute deployment has been successfully accomplished.

Regarding the Orbital Module Systems, the design of the Crew Module and Service Module structures is complete. Various parachute systems have undergone Integrated Main parachute Airdrop Tests and Rail Track Rocket Sled deployment tests. The Service Module Propulsion System test programme is nearing completion. The characterization of the Thermal Protection System has also been completed.

Test vehicle for characterisation of Crew Escape System ready at SDSC

Space Tourism

Space Tourism is the buzzword now with many planning for it. Singh said that the ISRO has also conducted technical feasibility studies for a sub-orbital space tourism mission, which includes the basic configuration of a space module for safe tourism and a liquid propellant stage booster for launching the module. Recognising the commercial potential of space tourism, the Department of Space plans to exploit it commercially through NewSpace India Limited (NSIL).

> **"Astronaut Selection Board constituted by ISRO selected four astronauts from the Indian Air Force test pilots, & are now being trained** – Union Minister PMO

For Gaganyaatri training, two out of three semesters of the training programme have been completed, with Independent Training Simulator and Static Mockup Simulators realized. Major ground infrastructure, such as the Orbital Module Preparation Facility (OMPF), Astronaut Training Facility (ATF), and Oxygen Testing Facility, has been operationalized. The realisation of Mission Control Centre (MCC) facilities and the establishment of Ground Station Networks are nearing completion.

"The first uncrewed mission of Gaganyaan has seen the solid and liquid propulsion stages of the human-rated launch vehicle ready for flight integration, with the C32 cryogenic stage nearing completion. An Astronaut Selection Board constituted by ISRO selected four astronauts from the Indian Air Force test pilots. These astronauts have undergone training on the spaceflight basic module in Russia and are currently undergoing training at ISRO's Astronaut Training Facility (ATF) in Bengaluru for the Gaganyaan mission," Singh said.

Tahsildars notified about removal of encroachments

CONTINUED FROM PAGE 1

collaboration with the Revenue Department and Land Records to identify and remove encroachments on stormwater drains and lakes. He stressed that the Land Surveyor should survey large stormwater drains, the Tahsildar should identify them, and the Special District Officer should issue orders for their removal. Any encroachments that have been stayed by the High Court should be resolved promptly. He also said that Lalbagh and Cubbon Park should be made plastic-free and environmentally friendly.

Nath said that city has a total of 4,316 identified encroachments in Rajakaluves. Among these, 2,473 have been cleared, while 1,648 remain to be addressed, and 195 cases are pending in court. "The encroachments are spread across various departments, with the Survey Department responsible for 889 cases, the Revenue Department for 615 cases, and the BBMP for 144 cases. Each department has been directed to take swift action to resolve the issues. The Stormwater Drain Department officials stated that the clearance operations would be conducted in stages, following the orders issued by the Tahsildar," he added.

Priya Rao, an activist, emphasised on the importance of lakes. "Lakes not only provide crucial water resources but also support biodiversity, regulate climate, and offer recreational spaces for residents. The encroachments and neglect we've seen are alarming, and it's necessary that we take immediate action to protect these invaluable ecosystems," Rao said.

According to her, each lake in the city tells a story of natural beauty and ecological significance. "When we allow encroachments and pollution to destroy these lakes, we are not just losing water bodies, but a part of our heritage and identity. The lakes of Bengaluru are under siege, and it is our collective responsibility to safeguard them for future generations. Enforcement of existing laws and strict penalties for violators is crucial. But beyond legal measures, we need community engagement and awareness. Local residents must be educated about the importance of lakes and encouraged to participate in clean-up drives and monitoring activities. A community that is involved is a community that cares."

Activists said that plastic waste, industrial discharge, and illegal constructions are some of the major

threats facing our lakes. "We need a multi-faceted approach to address these issues, including better waste management systems, stringent regulations for industries, and vigilant monitoring by dedicated task forces. We must act now, with determination and urgency, to restore and protect our city's lakes for the well-being of our environment and the health of our citizens," she added.

IN BRIEF

Caution in state post Nipah death

With the death of a boy from Nipah Virus in neighbouring Kerala, Karnataka is taking stringent measures to prevent cross-border transmission whenever an outbreak is reported. Bangalore Mirror highlighted the urgent need to enhance safety protocols in the state.

"The Centre has mandated immediate public health measures to contain the outbreak in Malappuram. A joint outbreak response team from the National 'One Health Mission' of the Union Health Ministry, along with a central team, has been deployed to assist Kerala in case investigation, identification of epidemiological linkages, and providing technical support. However, as a precaution, it is advised to avoid non-essential travel to affected areas in Kerala, until the region is declared safe from the infection", Health Commissioner D Ranadeep said.

52% cost rise for Metro Phase 2

The Bengaluru Metro Rail Corporation Ltd (BMRCL) has submitted a proposal to the State Finance Department through the Urban Development Department (UDD) for approval of the revised cost of Bengaluru Metro's Phase-2 network. The cost has escalated to nearly Rs 40,000 crore, which is a 52% increase from the original cost proposed a decade ago.

The project was initially approved in 2014 for 72 km at a cost of Rs 26,405 crore, with a completion target of 2019. The cost escalation has been attributed to factors such as revised land acquisition costs, the addition of a few kilometres, inflation, pandemic-induced delays, and fluctuations in international currencies. The BMRCL proposal has been forwarded to the Finance Department for further consideration.

Bill referred to Joint Select Committee

The Karnataka government on Thursday informed the Legislative Assembly about its agreement to refer the proposed 'Greater Bengaluru Governance Bill 2024', that aims to decentralise the city's administration by creating up to 10 municipal corporations, to the 'Joint Select Committee' consisting of legislators for wider consultations.

Deputy Chief Minister D K Shivakumar, who is also the Bengaluru Development Minister, placed the Bill for consideration of the House, amid opposition BJP and JD(S) protesting from the well of the House, demanding a discussion on the alleged fraudulent allotment of sites to land losers by Mysuru Urban Development Authority (MUDA), including to Chief Minister Siddaramaiah's wife Parvathi.

Alarming rise in critical groundwater areas in K'taka

Over 10k sq km groundwater area declared critical in 2023; departments undertake various schemes, construct check dams, trenches to recharge groundwater in state

Garima Prasher
garima.prasher
@timesofindia.com

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Critical groundwater areas in Karnataka have almost doubled over the last couple of years. While 6,580.96 square kilometres of groundwater area in the state was declared critical in 2022, it has gone up to 10,443.17 sq km by the end of 2023, according to a report filed by the Minor Irrigation and Groundwater Development Departments of Karnataka with the National Green Tribunal (NGT).

Meanwhile, the total rechargeworthy area in the state has recorded a slight drop, according to the report. In 2022, the groundwater recharge-worthy area was recorded to be 176,647.1 sq km, which has now dropped to 170,463.35 sq km.

The instant report filed by the two departments also indicates steps taken towards maintaining groundwater levels in the state and underlines that, due to the complex geological formation of the state, the groundwater recharge process is slow compared to the extraction rate. Moreover, the main sources of groundwater recharge are rainfall and applied irrigation. Various districts like Tumkuru, Bengaluru Rural, Bengaluru Urban, Chikkaballapura, Kolar, and Ramanagaram in the southern region of the state do not have perennial rivers. Hence, agricultural, domestic, and industrial water requirements are fulfilled by groundwater itself.

A rainwater harvesting pit (file photo)

In the report, departments have highlighted various schemes undertaken by the state to improve groundwater levels in the state, such as the construction of recharge structures to arrest available runoff. "The Groundwater Development Department is functioning in all 30 districts towards this goal by taking up activities such as monthly groundwater level monitoring, water quality testing, geophysical and geohydrological surveys for selecting suitable sites for borewell drilling, and constructing groundwater recharge structures," noted the report.

The Karnataka Groundwater (Regulation and Control of Development and Management) Act 2011 and Rules 2012 are being implemented to manage groundwater levels. "The government has created district groundwater committees to implement the Act and Rules across the state. Meetings with industries on the judicious use of groundwater, rainwater harvesting, and groundwater recharge to improve the groundwater table have also been organised," it said.

> **Departments are constructing various site specific recharge structures for recharging groundwater** –Report

The Department of Agriculture, Watershed Development Department, Rural Development Panchayat Raj Department, and various other departments are constructing site-specific recharge structures such as check dams, recharge shafts, percolation ponds, subsurface dikes, Nala bands, trenches, etc, for recharging groundwater. Other schemes taken by the state include the tank filling scheme by the Minor Irrigation Department, the construction of barrages, participatory groundwater management under the Atal Bhujal Yojna, and the Paschimavahini project in the coastal and Western Ghats regions.

B'luru's real estate boom

The IT hub has emerged as the leading residential real estate market, with a sale of 18,550 units last financial quarter, according to a report from the Real Estate Intelligence Service (REIS) of JLL Research on Thursday. The report also pointed out that new launches in the city increased by almost 45 per cent, with 16,537 units.

Sustained demand for property in Bengaluru, supported by the booming IT sector, infrastructure upgrade and conducive business environment, has been attracting national and regional developers to the city, resulting in healthy launches every quarter, said Rahul Arora, senior managing director (Karnataka & Kerala), JLL India. According to him, Whitefield contributed 47 per cent of the new launches, followed closely by Hosur Road and Bellary Road. **–PTI**

No 'home food' for Darshan

A Court on Thursday rejected a petition filed by Kannada actor Darshan Thoogudeepa, who is in judicial custody in connection with the Renukaswamy murder case, seeking a direction from the prison authorities to permit him to have access to home food in the jail.

He had also sought cutlery, clothing, bedding, and books to be supplied by his family members. The High Court had earlier directed Darshan to approach the Magistrate Court in this regard. In his petition, Darshan also said that he had lost several kilogrammes of weight as he was unable to eat and digest the food provided at the prison. It was also mentioned the actor suffered from diarrhoea, and the prison doctors diagnosed it to be a case of food poisoning. **–PTI**

Feed community animals responsibly, consistently

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Aimed at ensuring the humane treatment of community animals, the Bruhat Bengaluru Mahanagara Palike (BBMP) issued new guidelines on Thursday for community feeders. The guidelines stress that individuals taking on the responsibility of feeding community animals should be able to maintain a consistent feeding schedule. "Interruptions can cause restlessness and aggression among the animals. Feeders must also ensure they have the financial means to sustain the feeding routine independently and should personally oversee the feeding activities to maintain accountability and address any issues that arise," the guidelines stated.

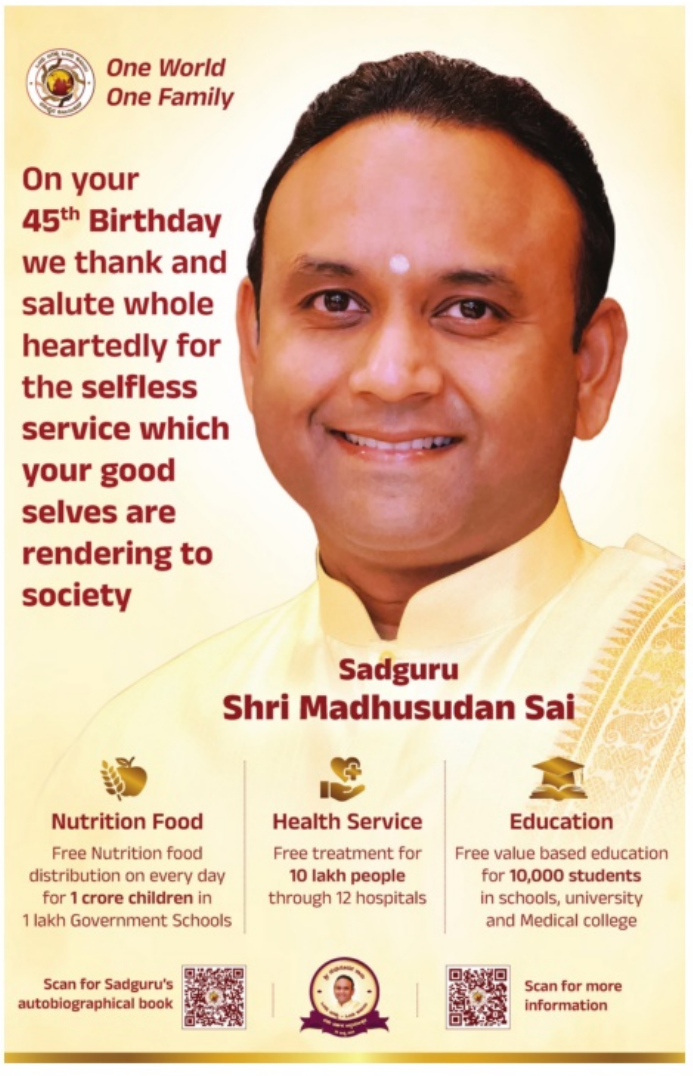
The civic agency further added that feeders were required to provide one full, healthy meal per animal each day and should avoid alternate-day feeding in areas where there is no other food source available. Feeding animals on private property without permission is prohibited, and feeders are advised to be aware of their rights and consider using a bodycam for safety while keeping their mobile phones handy.

Guidelines aimed at making sure community animals are fed well

> **BBMP's guidelines ask feeders to ensure animals are given one full, healthy meal per animal each day**

It was further said that feeding should not occur during extreme hours, such as after 11:30 pm or before 5 am, unless police protection is available, and isolated areas should be avoided when feeding alone. Community animals should not be given raw meat or sugary biscuits, which can lead to hyperactivity. "Where possible, reusable plates should be used, and the area should be cleaned after feeding to prevent rodent issues. For animals within residential societies, feeders should coordinate with the association president and BBMP to designate specific feeding spots. Feeding should not be done in front of private homes, at entrances or exits, or in high-traffic areas. Animals should be fed in their own territory rather than congregated in one place. Feeder confrontations with residents should be avoided; peaceful resolutions should be sought; and the BBMP zonal officials should be contacted if the situation allows for a delay until the next day, with police involvement reserved for extreme cases," the guidelines stated.

To avoid trespassing charges, BBMP guidelines demand written permission from officials while feeding in educational institutions, tech parks, or other gated areas. "Coordination with BBMP is necessary to ensure the dogs being fed are vaccinated and neutered. Networking with other feeders in the area is recommended to manage in case of emergencies. Institutions, including educational and tech campuses, are encouraged to adhere to these rules to promote a compassionate and legally compliant approach to managing animals," said a BBMP official.



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Rahul Kumar S/o Pramod Kumar R/o Q. No 480 B, Marshalling Yard Colony, Near Guard Room, Gaya, Bihar, 823001.....Plaintiff.

Versus

Nirupama Thakur D/o Surendra Narayan Thakur R/o G-701, Princetown, Shetty halli, Bengaluru, Karnataka - 560015 .....Defendant.

You, defendant is hereby informed that the plaintiff has filed the M.T.S Case U/S 13 of Hindu Marriage Act. before this court and the registered cover as well as through Nazarath of Civil Court Gaya Notice has been sent to you but you has not appeared in person or Advocate before the court and due to non appearance the proceeding of the case is pending and you are hereby informed through this paper publication that on 27.08.2024 appear before the court physically or through advocate other wise the proceeding of this case will be initiated as exparty. To give priority.

Sd/-
Principal Judge
Family Court, Gaya

personal

CHANGE OF NAME

I, Faiza Muneer W/o Aslam SMB R/a at No #1, Shampur Main Road, Near Harris Motors, Ambedkar Layout, Bangalore-560045 I have Changed My Name to FAIZA. Vide Affidavit Dated on 24/07/2024 Sworn Before Notary Leela Bangalore

I, Anand Gowda Raghunath R/o No.2/8, 2nd main road, Govindaraja Nagar, Vijay Nagar, Bengaluru 560040 have changed my name to Anand Rangaiah Affidavit Dt.25/07 /2024 notary Harisha G, B'luru

I, Rekha W/o. Sham Sundar Residing at Javgal Hobli, Dyamenahalli, Hassan, Karnataka 573125 have changed my name to YELLAMMA, vide affidavit dated 24.07.2024 Sworn before notary: Anandkumar, Bangalore

I, SYEDA FAIZAAN R/at No.14, 4th Cross, 4th Main Road, Timmaiah Layout, Madiwala, Bangalore- 560068 have changed my name to FAIZAN TAJ vide affidavit dated: 24/7/2024 Before Notary N. Nagappa Bangalore

I, Surabhi Sanchita Manoj Kumar Verma W/o Sandeep Shrivastava R/o 216, A Block Sai Suraksha Golden Palm Apts, Bannerghatta Rd, B'lore-560076 have changed my name to Surabhi Sanchita for all purposes.

I, Madhan Kumar Balasubramanian R/o A 204 Nandi woods Apartment, Yellanahalli Begur Hobli Bangalore - 560076 have changed my minor son name from Guhan to Guhan Madhan Kumar

I, KHADER LATHEEF, R/a.3576, 8th Main, 2nd Cross, Abdul Gafoor Layout, Vivekanandanagar, Bangarpet-563114. I, have changed my name to, KHADER LATHEF, Vide affidavit, dated 24/07/2024 Sworn before Notary: M. Rajendra, Bangalore

I, ARAB JAN IBRAHIM R/a. 2059 Tippunagar Bangarpet-563114. I, have changed my name to ARAB JAN Vide affidavit dated 24/07/2024 Sworn before Notary M. Rajendra Bangalore

I, NASREEN TAJ SABU SAB R/a No.417 1st Block Sundrapalya, Kolar- 563116. I, have changed my name to NASREEN TAJ Vide affidavit dated 15/07/2024 Sworn before Notary Meer Hassan Bangalore

I Samdani Shehzadi D/o Showkat Ali R/a at No #272, 15th Main Road, 4th cross, Vijinapura, Darga Mohalla, Tin Factory, Dooravaninagar, Bangalore-560016. I have Changed My name to Rida Fathima. Vide Affidavit Dated on 17/05/2024, Sworn Before Notary Thippeswamy T Bangalore.

I, SUNNY PRAJAPATI, aged about 28 years S/o SABHAJIT PRAJAPATI, residing at No 14, Chithira Apt 3rd Floor,4th B Cross, Opp Al Burooj International School, Kanaka Nagar, R T Nagar Post, Bangalore North, Bangalore-560032 have changed my name to PRAJAPATI SHANIKUMAR SABHAJEET vide affidavit dated 23 july 2024 sworn before notary LEELA, Bangalore.

I Mohammed Khizer S/O, H.abdul Jabbar R/o No, 225, 5th Cross Quba Masjid Road, Lbs Nagar, Hal Post Banagalore 560017 have changed my name to Mohamed Khizer.

I, C J Avin S/o C N Jayadev R/o No.202, L 108, Aashirwad Nilaya, Kirloskar Colony, 3rd Stage, Basaveshwaranagara u Bengaluru 560079 have changed my name as Chikkanayakanahalli Jayadev Avin Aradhya vide affidavit Dt.25/07/2024 Notary K.V Mani, Bengaluru

I, AREEF ULLA KHAN, R/a Margal, Post C A Halli, Dist Bangarpet – 563114. I, have changed my name to ARIF ULLA KHAN, Vide affidavit, dated 25/07/2024 Sworn before Notary Meer Hassan Bangalore

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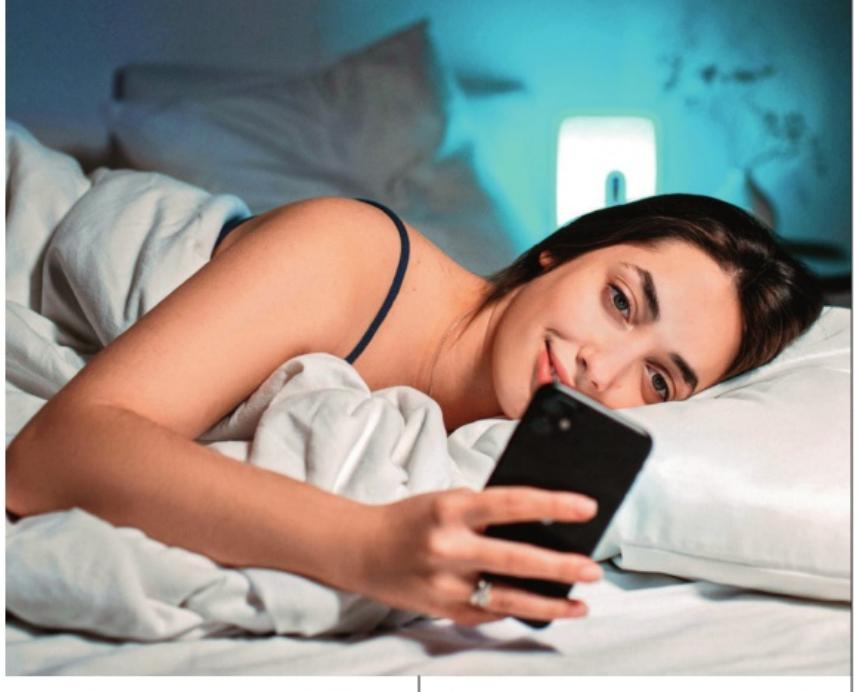
HEALTH TIP: Eating a healthy diet can reduce the negative effects of stress on your body, building a stronger immune and nervous system

Avoid getting drenched in the rain as that can make you prone to viruses or bacteria

SCREEN EFFECT ON SKIN

Yes, blue light from your phone can harm your skin. A dermatologist explains



Social media is full of claims that everyday habits can harm your skin. It's also full of recommendations or advertisements for products that can protect you.

Now social media has blue light from our devices in its sights.

So can scrolling on our phones really damage your skin? And will applying creams or lotions help?

Here's what the evidence says and what we should really be focusing on.

Remind me, what actually is blue light?

Blue light is part of the visible light spectrum. Sunlight is the strongest source. But our electronic devices – such as our phones, laptops and TVs – also emit it, albeit at levels 100-1,000 times lower.

Seeing as we spend so much time using these devices, there has been some concern about the impact of blue light on our health, including on our eyes and sleep.

Now, we're learning more about the impact of blue light on our skin.

How does blue light affect the skin?

The evidence for blue light's impact on skin is still emerging. But there are some interesting findings.

1. Blue light can increase pigmentation

Studies suggest exposure to blue light can stimulate production of melanin, the natural skin pigment that gives skin its colour. So too much blue light can potentially worsen hyperpigmentation – overproduction of melanin leading to dark spots on the skin – especially in people with darker skin.

2. Blue light can give you wrinkles

Some research suggests blue light might damage collagen, a protein essential for skin structure, potentially accelerating the formation of wrinkles. A laboratory study suggests this can happen if you hold your device one centimetre from your skin for as little as an hour.

However, for most people, if you hold your device more than 10cm away from your skin, that would reduce your exposure 100-fold. So this is much less likely to be significant.

3. Blue light can disrupt your sleep, affecting your skin

If the skin around your eyes looks dull or puffy, it's easy to blame this directly on blue light. But as we know blue light affects sleep, what you're probably seeing are some of the visible signs of sleep deprivation.

We know blue light is particularly good at suppressing production of melatonin. This natural hormone normally signals to our bodies when it's time for sleep and helps regulate our sleep-wake cycle.

By suppressing melatonin, blue light exposure before bed disrupts this natural process, making it harder to fall asleep and potentially reducing the quality of your sleep.

The stimulating nature of screen content further disrupts sleep. Social media feeds, news articles, video games, or even work emails can keep our brains active and alert, hindering the transition into a sleep state.

Long-term sleep problems can also worsen existing skin conditions, such as acne, eczema and rosacea.

Sleep deprivation can elevate cortisol levels, a stress hormone that breaks down collagen, the protein responsible for skin's firmness. Lack of sleep can also weaken the skin's natural barrier, making it more susceptible to environmental damage and dryness.

Can skincare protect me?

The beauty industry has capitalised on concerns about blue light and offers a range of protective products such as mists, serums and lip glosses.

From a practical perspective, probably only those with the more troublesome hyperpigmentation known as melasma need to be concerned about blue light from devices.

This condition requires the skin to be well protected from all visible light at all times. The only products that are totally effective are those that block all light, namely mineral-based suncreens or some cosmetics. If you can't see the skin through them they are going to be effective.

But there is a lack of rigorous testing for non-opaque products outside laboratories. This makes it difficult to assess if they work and if it's worth adding them to your skincare routine.

What can I do to minimise blue light then?

Here are some simple steps you can take to minimise your exposure to blue light, especially at night when it can disrupt your sleep:

- use the "night mode" setting on your device or use a blue-light filter app to reduce your exposure to blue light in the evening
- minimise screen time before bed and create a relaxing bedtime routine to avoid the types of sleep disturbances that can affect the health of your skin
- hold your phone or device away from your skin to minimise exposure to blue light
- use sunscreen. Mineral and physical sunscreens containing titanium dioxide and iron oxides offer broad protection, including from blue light.

In a nutshell

Blue light exposure has been linked with some skin concerns, particularly pigmentation for people with darker skin. However, research is ongoing.

While skincare to protect against blue light shows promise, more testing is needed to determine if it works.

For now, prioritise good sun protection with a broad-spectrum sunscreen, which not only protects against UV, but also light.

(By Michael Freeman, Bond University, The Conversation)

MIRRORLIGHTS

Study debunks previous research, confirms no amount of drinking alcohol safe

The conventional wisdom that a daily glass of wine is beneficial for health is based on years of flawed scientific research, revealed a study on Thursday.

"There is simply no completely 'safe' level of drinking," said lead researcher Tim Stockwell from the University of Victoria in Canada.

The study, published in the Journal of Studies on Alcohol and Drugs, debunks the previous studies, which stated that moderate drinkers live longer and have lower risks of heart disease than abstainers.

The main issue is that these studies often include older adults without accounting for their lifetime drinking habits,

Consequently, moderate drinkers are compared to "abstainer" groups, which may include individuals who quit drinking due to health issues, making the moderate drinkers appear healthier by comparison.

Stockwell and his team reviewed 107 studies that examined the relationship between drinking habits and longevity. Initially, the data suggested that light to moderate drinkers had a 14 per cent lower risk of dying during the study period compared to abstainers.

However, this changed upon closer inspection. Higher quality studies, which involved younger participants (under 55) and excluded former and occasional drinkers from the abstainer category, found no link between moderate drinking and longer life.

It was the lower-quality studies that showed a positive correlation between moderate drinking and longevity.

Stockwell highlighted the long-standing belief in the health benefits of moderate drinking, exemplified by the "French paradox" theory from the 1990s, which credited red wine for the low heart disease rates in France despite a high-fat diet.

This perception remains popular, though the reality is that moderate drinking likely does not extend life and may increase the risk of certain cancers. No major health organisation endorses a risk-free level of alcohol consumption.

— IANS

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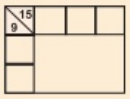
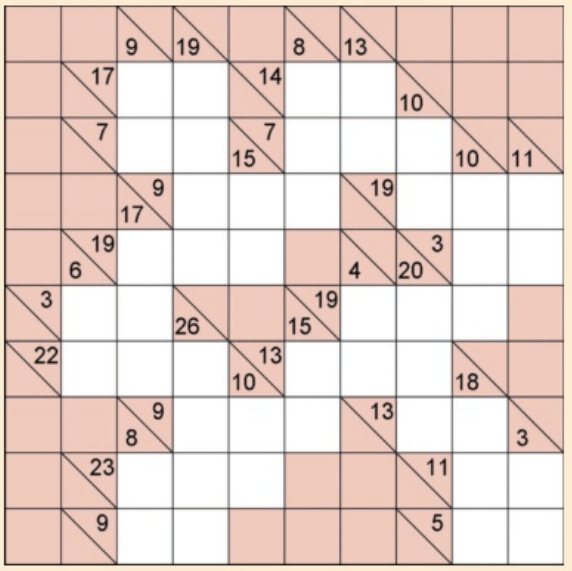
Kakuro

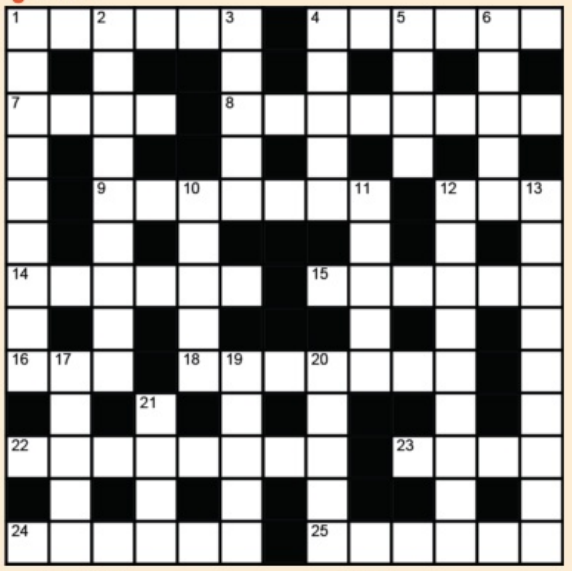


The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Tore or scratched? (6)
4 Military action (6)
7 Give on loan (4)
8 Alternative name for Kempe Gowda bus station (8)
9 Weeping convulsively (7)
12 Use a knife (3)
14 Pretends or concocts (6)
15 Effect (6)
16 MD's aides (3)
18 Decides to leave or withdraws? (4,3)
22 Interrupt one's journey (8)
23 Move slowly (4)
24 Indescribable, as in "____ wealth"? (6)
25 Rarely (6)

DOWN

1 Demanded or ordered (6,3)
2 They don't know if God exists or not (9)
3 Retire from military service (5)
4 Music from Louisiana (5)
5 Fit neatly together (4)
6 Farewell (5)
10 Musical instrument (5)
11 Okra soup (5)
12 Disciplined, chastised or punished (9)
13 Arsenal's local rivals (9)
17 Paying Guest was her first film (5)
19 Tiled; concreted (5)
20 Kinds or types (5)
21 Dog breed: Lhasa ____ (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: D EQUALS S

OQS W DHMMJDDOHA NJM-BIQAQUL, SJWAENL PHDN NWZJ XSJMJYJIMJ QRJS XH-FAEM SJAWNEQID, OQS IWNHSJ MWIIQN FJ OQQAJY.

Linemaro

Your eyes are bluer than Heisenberg's crystal

Mindchow

I said to Money: You are just a piece of paper. It smiled and said: Yes, but I haven't seen a dustbin yet in my life

Joke of the day

Not only is there no God, but try getting a plumber on weekends

Loop

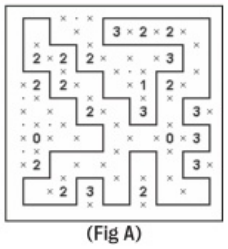
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

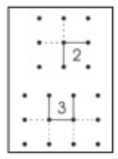
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

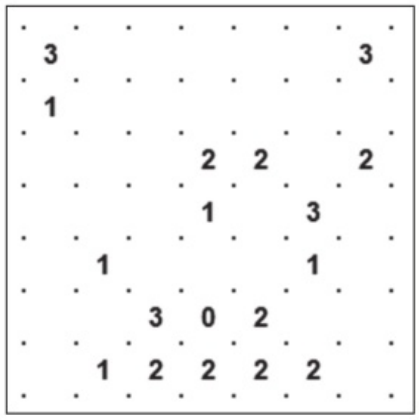
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



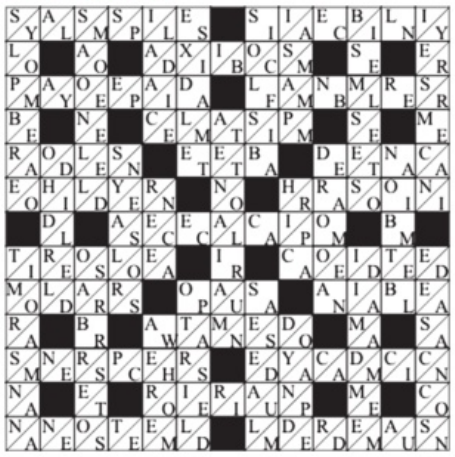
(Fig A)



(Fig B) Not Allowed



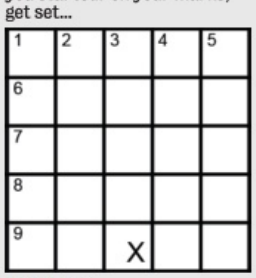
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

1 Embus; 6 Troop; 7 Aider; 8 Acres; 9 Mix ma

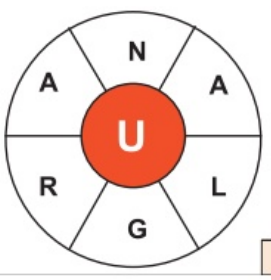
DOWN

1 Map as; 2 Ceria; 3 Orb ax; 4 True I; 5 Mod me

Mensapuzzle

What is the next letter in the following sequence

W I T N L I T F ?



Bull's eye

How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

04 Average; 05 Good; 07 Outstanding

SudokuChallenge

2	6						7	3
		3	5		6	2		
			2		7			
8	4		3		9		1	7
6	5		7		8		4	9
			9		2			
		9	6		5	1		
7	2						6	8

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy ☐☐☐☐☐☐☐ = 8
2 7 8 9

Medium ☐☐☐☐☐☐☐ = 28
3 7 9 9

Hard ☐☐☐☐☐☐☐ = 53
2 8 9 7

Hocusfocus

Find at least six differences in details between panels.

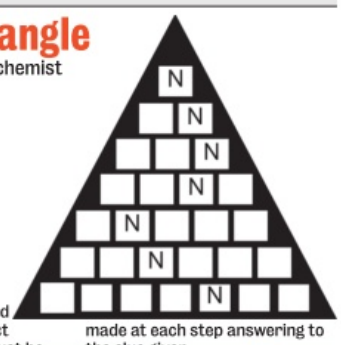
Differences: 1. Lapel is missing. 2. Arm is moved. 3. Tie is different. 4. Briefcase is smaller. 5. Bush is moved. 6. Window is missing.

Riddler

At a quirky fruit stand, an orange costs 18 rupees, a pineapple costs 27 rupees and a grape costs 15 rupees. Using the same logic, how much does a mango cost?

Alpha triangle

1 Nitrogen for the chemist
2 A's alternative
3 Sought office
4 Used a bell
5 Fury
6 Forest official
7 Plan

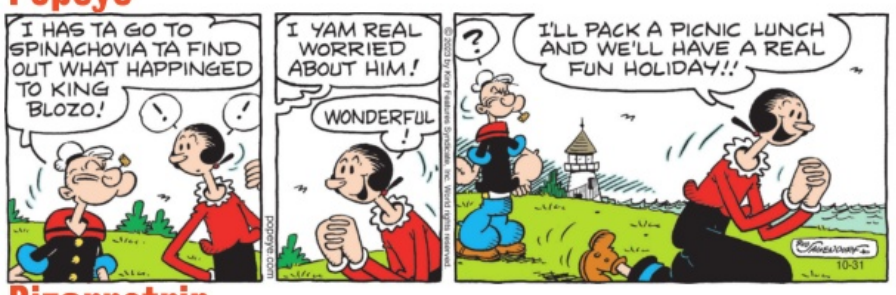


Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Popeye


I HAS TA GO TO SPINACHOVIA TA FIND OUT WHAT HAPPINGED TO KING BLOZO!
I YAM REAL WORRIED ABOUT HIM!
WONDERFUL
I'LL PACK A PICNIC LUNCH AND WE'LL HAVE A REAL FUN HOLIDAY!!
10-31

Bizarrotrip

I'm mighty pleased to be back at the Comedy Barn.
Wayno & Piraro 4-22-24
Dist. by King Features
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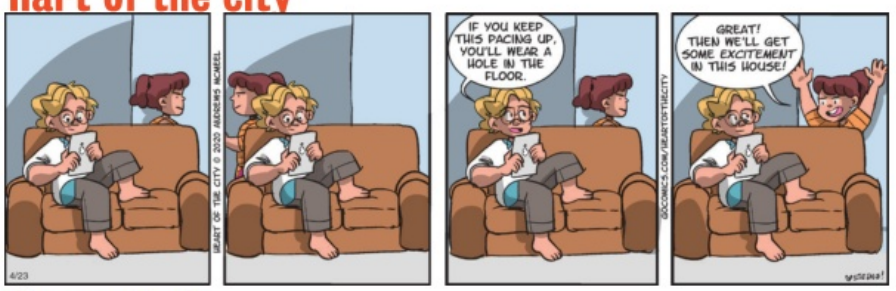
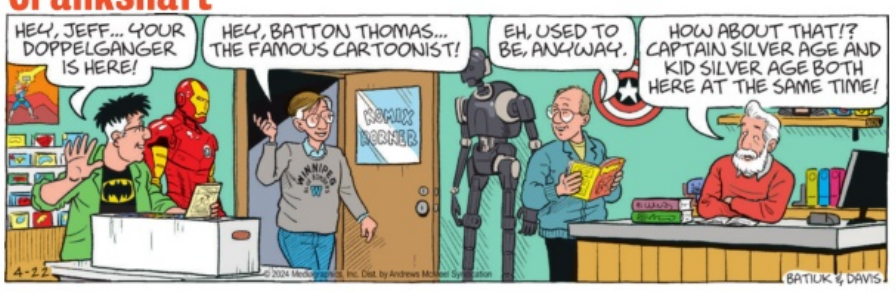
Diamond Lil

Hart of the city


IF YOU KEEP THIS PACING UP, YOU'LL WEAR A HOLE IN THE FLOOR.
GREAT! THEN WE'LL GET SOME EXCITEMENT IN THIS HOUSE!
HART OF THE CITY © 2020 ANDREWS MCMEEL
@OCHRICS.COM/HEARTOFTHECITY
4/23

Crankshaft


HEY, JEFF... YOUR DOPPELGANGER IS HERE!
HEY, BATTON THOMAS... THE FAMOUS CARTOONIST!
EH, USED TO BE, ANYWAY.
HOW ABOUT THAT!? CAPTAIN SILVER AGE AND KID SILVER AGE BOTH HERE AT THE SAME TIME!
COMIX CORNER
4-22
BATIUK & DAVIS

Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, you may have mixed situations around you. It is advised to not expect more from anyone around you, as it may make you disappointed. You may have self-exploration and self-analysis, which may allow you to filter yourself. After the filtration process, you may feel confident and be able to prepare to accept challenges.

Taurus Apr 21 – May 20
Today, you may feel some negativity around you. You may find your responsibilities to be a burden. You may also be in a hurry to complete the task given to you and make silly mistakes. Your working efficiency may slow down, which may affect your day-to-day work. Your projects may be likely to be delayed, which will affect your professional life. You are advised to seek advice from your elders or a consultant before making any important decisions.

Gemini May 21 – Jun 21
Today is a positive day; you may get success from your hard work on the professional front. You may have good focus, and you may complete your work before time, which can improve your self-confidence. You may also expect some work-related short trips, which may be beneficial in the near future in terms of your network.

Cancer Jun 22 – July 23
Today, you are blessed by the moon. You may expect to inherit some assets. You may perform with patience on the work front, which may increase your efficiency. You may be polite with the people around you. You may put less effort into day-to-day work, and you may use your communication skills to gain new business on the job front.

Leo Jul 24 – Aug 23
Today, you are blessed by the moon, which may give you patience. Externally, you may face some work-related stress, but your inner sense may be calm and cool, which may help you to balance everything. You may enjoy every moment of work and domestic life. Your parent's health is now okay, and you may hear some good news from your siblings.

Virgo Aug 24 – Sep 23
Today, you may feel unhappy. Some old health issues may resurface, which may make you impatient. You may spend your hard-earned money on buying worthless stuff. You are also advised to control your short temper. Lovebirds are advised to avoid discussions on worthless topics; otherwise, they may break up.

Libra Sep 24 – Oct 22
Today, you are likely to enjoy your domestic and professional lives. You may become polite with the people around you, which may help in the completion of your work. You may find some new sources of earnings, which may boost your savings. You may also plan to renovate your house or office. Natives who are in jobs may get promotions.

Scorpio Oct 23 – Nov 22
Today, you may be busy on the work front, but with the help of the elder's blessings, you are likely to implement some new innovations in your work. You may be ethical and follow rules in your dealings with the people around you, which may give you inner peace and inner strength.

Sagittarius Nov 23 – Dec 22
Today, you may be satisfied with your responsibilities at work. You may plan for a short work-related trip. You may also visit some religious places to maintain your inner peace and positivity. Your mentors may show you the right path, which may give you clarity regarding your goals.

Capricorn Dec 23 – Jan 20
Today, you may feel dull. It is advised to keep your mind cool. It is the golden rule for you to think twice before taking any action. You may also be attracted to the occult. You may be travelling to recover your money, but you are also advised to avoid going on an adventure tour. Students are advised to go for in-depth study to achieve success.

Aquarius Jan 21 – Feb 19
Today, you may feel good, and family harmony may make you happy. You may meet some influential people to get some benefits on the job front. You may perform well in your job, and you may expect some rewards in terms of promotions. Disputes over inherited property are likely to settle down.

Pisces Feb 20 – Mar 20
Today, you may find yourself in a state of self-analysis, which will give you some confidence. Your focus on your goals is now clear; you may achieve them. Your creativity might improve, and you will take an interest in artefacts, movies, glamour, and real-life objects. Your opponents may be under control now. At the end of the day, you may be satisfied with your life.

KIDZONE

Sanjanna V, 6 Years, DRDO KG School

Venkatesh, 13 Years, Maruthi Vidyalaya

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
(11+13)°5 ÷ (7+5)°5
= 24°5 ÷ 12°5
= 2°5 x 12°5 ÷ 12°5
= 2°5 = 32

BULL'S EYE
ANGULAR, aura, aural, lunar, lung, rung, ulna

STRIKE OUT

N	E	S	T	E	D	M	E	R	M	A	N			
A	E	R	E	R	U	N	E	O						
M	E	R	C	E	R	D	Y	A	D	I	C			
A	B	W	A	N	E	D	A	B	A					
O	D	A	S	P	A	S	N	I	L	E				
T	E	S	L	A	I	C	O	D	E	D				
L	A	C	C	L	A	I	M	B	C	T				
E	I	D	E	R	O	H	A	S	O	N				
R	O	S	T	E	A	E	T	N	A					
B	N	C	L	A	I	M	E	M						
M	Y	O	P	I	A	F	A	B	L	E	S			
O	O	A	X	I	O	M	S	E						
S	A	M	P	L	E	S	I	C	I	L	I	Y		

FAST FIVE

S	E	B	U	M
S	C	A	R	E
A	I	R	E	D
P	R	O	T	O
M	A	X	I	M

RIDDLER
A mango costs 15 rupees. The logic is 3 rupees per letter.

QUICK

U	N	U	T	O	L	D		S	E	L	D	O	M	
A		S		E		T		E		A				
S	T	O	P	O	V	E	R		I	N	C	H		
U		A		O		E		N						
R	N	S		O	P	T	S	O	U	T		E		
O		C		J		B		S		T				
F	E	I	G	N	S		I	M	P	A	C	T		
D		T		A		U		H		O				
E		S	O	B	B	I	N	G		C	U	T		
L		O		O		U		H		E				
L	E	N	D		M	A	J	E	S	T	I	C		
A		G		E		A		E		D				

MENSA PUZZLE
S; These are the first letters of the words in question

QUOTE UNCODE
For a successful technology, reality must take precedence over public relations, for Nature cannot be fooled.

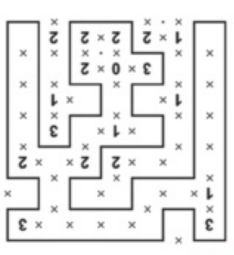
GO FIGURE
Easy
9 - 2 + 8 - 7 = 8
Medium
9 + 3 + 9 + 7 = 28
Hard
9 x 7 - 8 - 2 = 53

ALPHA TRIANGLE
N, An, Ran, Rang, Anger, Ranger, Arrange.

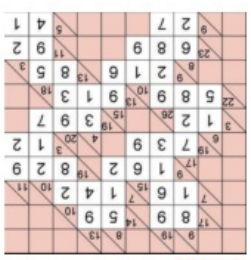
SUDOKU

7	2	5	4	1	3	9	6	8
4	8	9	6	7	5	1	3	2
1	3	6	9	8	2	7	5	4
6	5	1	7	2	8	3	4	9
3	9	7	1	6	4	8	2	5
8	4	2	3	5	9	6	1	7
5	1	8	2	3	7	4	9	6
9	7	3	5	4	6	2	8	1
2	6	4	8	9	1	5	7	3

LOOP



KAKURO



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Keanu on The Matrix
"The Matrix changed my life, and then over these years, it's changed so many other people's lives in really positive ways," Keanu Reeves said about the 1999 sci-fi movie

Learning experience

Shruti Haasan speaks to ETimes about her journey in film industry

Shruti Haasan is celebrating a significant milestone on Friday, as she will complete 15 years in the film industry. In an exclusive interview with ETimes, she reflected on her remarkable journey.

Over the past 15 years, Shruti has been a part of several notable films. Her standout performances include those of Gabbar Singh, Vedalam, Yevadu, Puli, and Salaar, among others.

Though she made her acting debut as a child artist with the 2000 film, Hey Ram', she actually made her entry into the film industry as an adult, playing a lead role in the 2009 film 'Luck'.

In addition to her acting career, Shruti is also a gifted musician. Her passion for music adds another dimension to her artistic contributions. She has composed and performed music for various projects, further establishing herself as a multi-talented artist. Shruti sang her first song at the age of five in her father Kamal Haasan's film Thevar Magan. Since her debut in 2009 with the film Luck she has captivated audiences with her versatile performances and established herself as a talented actress.

When contacted by ETimes, Shruti shared, "The journey of the last fifteen years has been such a great learning experience, and I continue to learn every day!"

—ETimes

SANDALWOOD
SHOTS
Y MAHESWARA REDDY

All devotional

Music director Ravi Basrur released the teaser of Simha Roopini, a movie in the devotional genre, at Kalavidara Sangha on Sunday. Basrur's daughter Kushi has played a key character. Simha Roopini is the second movie for lyricist-cum-director Kinnal Raj after Hitler that was released in November 2021.

On the occasion, Basrur appreciated Kinnal Raj for his dedication. "I had goosebumps while watching the teaser of Simha Roopini. I have known Kinnal Raj for more than 15 years. I had an ambition to work as a music director for a movie directed by

him. Now, I have realised it," said Basrur.

Kaatera fame Jadesh Kumar released the poster of the movie. Thanking Jadesh Kumar and Ravi Basrur, Kinnal Raj said he had nurtured an ambition to make his name appear in the title card of a movie and Ravi Basrur helped to realise it by giving him a chance to write a lyric for Anjani Putra in 2017. "Simha Roopini is about Goddess Maramma Devi. The movie has graphics. Around 132 actors have acted in it," he said.

First glimpse

The first glimpses of Toofan were released by Challenging Star Darshan's advocate Narayana Swamy and a few retired military officers at Kalavidara Sangha. Kaviraj, a well-known lyricist, was present on the occasion. Roshan is playing the lead apart from writing the script for the movie that is directed by R Chandrakanth. The movie is bankrolled by Sharifa Begum Nadaf, a Kannada activist from Belagavi under the SR Movies banner.

Kaviraj said he was very happy to attend a function of the movie being directed by his disciple Chandrakanth. "The first glimpse of the movie is very interesting. I wish all the best to the cast and crew of the movie," said Kaviraj.

Thanking all the guests, Chandrakanth said the movie is the dream of Roshan. "The movie is about a son taking revenge from his father's opponents. It is based on an incident that took place in 1994. We have completed half of the shooting. Earlier, we had selected Bhairya K07 as the title but changed it to Toofan," said Chandrakanth. Roshan said that he is an hardcore fan of Yash. "I want to show the first glimpses of the movie to my favourite hero Yash," he said.

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